

DESCRIPTION

Our Shakshuka, with delicious Trewithen Dairy Natural Yoghurt, is a wonderful eggs-for-dinner recipe, best served with a pile of pitta or flatbreads on the side.

INGREDIENTS

6 Free Range Eggs
100ml Trewithen Dairy Natural Yogurt
200g Spinach
2 tbsp Fresh Coriander
150g Feta Cheese, crumbled
1 Red Onions finely sliced
2 cloves of Garlic finely sliced
1 tin of Chopped Tomatoes
1 tbsp Harissa paste
1 tsp Cumin Seeds

METHOD

- Place the cumin seeds into the base of your frying pan with a little oil and cook off for a couple of minutes before adding your chopped tomatoes.
- 2. Bury your spinach into the sauce and crack the eggs carefully so that they are nestled into the sauce. Then sprinkle the onions, garlic, and feta cheese in the spaces.
 - 3. Bake in a preheated oven at 180°C for 10 minutes.
- 4. For the garnish, mix the yogurt with harissa paste and drizzle over the top with fresh coriander.
 - 5. Enjoy on its own or serve with flatbread or pittas.